



The Florida Center for Early Childhood is a nationally accredited nonprofit organization that has been providing early childhood services since 1979. With locations throughout Sarasota County, The Florida Center is uniquely positioned to offer our community's youngest children and their families high quality infant and early childhood mental health services.



**For more information or to schedule an appointment please call
(941) 371-8820 X1000**

www.TheFloridaCenter.org

HOURS OF OPERATION

Hours: 8:30 a.m. to 5:30 p.m.
Monday – Friday

LOCATIONS

Sarasota

4620 17th Street, Sarasota, FL 34235

North Port

6929 Outreach Way, North Port, FL 34287

**We accept most insurances including HMOs,
Medicaid and Private Pay**

The Florida Center for Early Childhood, Inc. is dedicated to equal opportunity for all consumers without regard to race, color, religion, gender, or on the basis of any other condition or characteristic protected by federal, state, or local law. We will comply to the fullest extent with the applicable regulations and provide reasonable accommodation to clients with impaired sensory, manual or speaking skills.



Infant and Early Childhood Mental Health





WHAT IS INFANT & EARLY CHILDHOOD MENTAL HEALTH

Infant & Early Childhood Mental Health is the young child's capacity to:

- Experience, regulate and express emotions
- Form close and secure relationships
- Explore the environment and learn

All these capacities will be best accomplished within the context of the care giving environment that includes family, community, and cultural expectations for young children. Developing these capacities is synonymous with healthy social and emotional development.

(Zero to Three, 2001)

WHO WE CAN HELP

Through our infant and early childhood mental health services we provide diagnostic and therapeutic assistance to children birth to 8 with a variety of behavior or circumstances that include:

- Aggression
- Grief/loss
- Exposure to a traumatic event
- Difficulty paying attention
- Hyperactivity
- Attachment difficulties
- Parent/child relationship challenges
- Fear or anxiety
- Depression
- Fussiness or difficulty calming down
- Challenges in childcare or school
- Defiance



OUR SERVICES

Our mental health therapists are trained to meet the unique developmental needs of the infant and young child. Our treatment interventions are designed to meet the individual needs of each child and family. Some of the Evidence Based Practices (EBP) provided include:

- Incredible Years
- Circle of Security
- Child/Parent Psychotherapy
- Child Parent Relationship Therapy

The Fussy Baby Network is an additional resource for families struggling to care for a baby having difficulty with sleeping, feeding or soothing. You can reach us for help at 1-885-62-FUSSY.

Research shows that early intervention can help to prevent adverse outcomes later in life.

