

Prenatal & Postpartum Counseling

The Florida Center for Early Childhood offers prenatal and postpartum counseling services for women experiencing difficulties with mood during pregnancy and after birth.

Prenatal and postpartum mood issues are treatable!

You are NOT Alone!

For more information, visit <u>www.thefloridacenter.org</u> or call Bradley Dorrill, LMHC, at (941) 210-8962





Symptoms of prenatal and postpartum mood issues differ for everyone and might include:

Anger or irritability
 Lack of interest in the baby
 Crying and sadness
 Loss of interest or pleasure in things you used to enjoy
 Thoughts of harming yourself or the baby
 Constant worry
 Racing thoughts
 Intrusive thoughts
 Hypervigilance in protecting the infant
 Disturbances in sleep and appetite

If you are suffering from any of these symptoms or others, contact us, and we will connect you with an experienced clinician.

